WHAT IS CLAIMED IS:

1. A method of operating an Internet device, comprising:

downloading via the Internet a medical testing program from a server;

coupling at least one sensor to said Internet device, said at least one sensor being coupled to a patient;

executing said test program to obtain test measurement data from said at least one sensor;

uploading said test measurement data to said server via the Internet;

receiving processed test data from said server as a download from said server via the Internet; and

displaying said processed data.

2. A method in accordance with claim 1 comprising:

executing a multimedia instructional guide on said Internet device to instruct said patient in placement of said at least one sensor.

3. A method in accordance with claim 2, comprising:

downloading said guide from said server via the Internet.

4. A method in accordance with claim 1, comprising:

executing a data verification program on said Internet device prior to uploading said test measurement data.

5. A method in accordance with claim 4, comprising:

downloading said verification program from said server via the Internet.

6. A method in accordance with clam 1, comprising:

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un-installing said medical testing program from said Internet device upon completion of

a testing sequence.

7. A method in accordance with claim 1, comprising:

utilizing an encryption program to encrypt said test measurement data.

5 8. A method in accordance with claim 1, comprising:

storing said medical testing program in said Internet device memory.

9. A method in accordance with claim 8, comprising:

storing a testing measurement portion of said medical testing program for execution;

storing a test diagnostic program portion of said medical testing program in said

10 memory for execution;

storing a verification portion of said medical testing program in said memory for

execution;

storing an encryption portion of said medical testing program in said memory for

execution; and

15 storing an un-install portion of said medical testing program in said memory for

execution.